



## Retirement Readiness Pilot Group Starts in February

Nearly 12,000 people are reaching retirement age every day in the United States. Studies have shown that people spend more time planning a vacation than they do planning for retirement. And when they prepare for retirement, many people would like to plan in a holistic way for this exciting next chapter of their lives. In my Retirement Readiness group coaching program, participants will:

- ✓ Develop a Retirement Lifestyle Profile based on the goals you want to achieve.
- ✓ Draft an estimated Retirement Budget and have questions answered by a financial expert.
- ✓ Answer the “Do I want or need to work when I retire?” question.
- ✓ Explore and evaluate Volunteer and Leisure Activity opportunities.
- ✓ Anticipate and solidify shifts in relationships that will occur after you retire.
- ✓ Address important marriage relationship issues that will occur after retirement.
- ✓ Develop a City Profile Scorecard when considering moving to another location.
- ✓ Decide exactly when you will be ready to retire.

I would like to gather a group of 6 couples together for the pilot of this practical planning process. The cost for this 8-session pilot will be a fraction of the price when it is offered publically. For the nominal cost of \$39/couple (a \$320 value) you will receive a Retirement Readiness Workbook filled with exercises, assessments, articles, questions, charts and forms that will help you discover your optimum retirement lifestyle. This group coaching experience will begin on Tuesday evening, February 21, from 7 – 8:30 p.m., Bridgewater Place- 333 Bridge Street NW, Suite 205. Parking is available in the Bridgewater parking ramp for approximately \$3, and a café / coffee shop is located right near the suite where we'll meet.

Go to the [www.terranovalifecoaching.com](http://www.terranovalifecoaching.com) website, click on the Retirement Readiness page, fill out the form and indicate your desire to be part of this pilot group. I'll send you your free Retirement Readiness Assessment that will help you prepare for this informative discovery based program.

Don't just retire FROM something; retire TO something!